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IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Applicant : VISCOUNT  
Appl. No. : 10/659,429  
Filed : 9/11/2003  
Title : WEIGHT LIFTING APPARATUS

Grp./A.U. : 3764  
Examiner :

Docket No.: 14434

Honorable Assistant Commissioner of Patents  
Alexandria, VA 22313-1450

Sir:

**PTO CUSTOMER NO. 000293**

**INFORMATION DISCLOSURE STATEMENT**

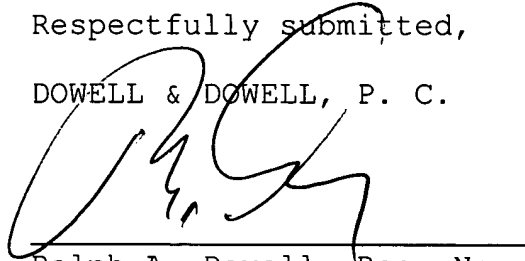
In accordance with 37 C.F.R., §§ 1.97-1.99, applicant submits the following information which may be of interest to the examiner in charge of the above referenced application for patent. Copies of the non-US references listed on the attached Form PTO-1449 are attached.

**In making this submission applicant is making no admission that the attached information constitutes prior art under the Patent Statutes of the United States.** It would appear from the copyright dates of the information printed from the web sites is not prior to applicant's provisional application filing date of September 30, 2002, however, the Examiner may wish to review the information and the web sites.

Appl. No. 10/659,429

Respectfully submitted,

DOWELL & DOWELL, P. C.

A handwritten signature in black ink, appearing to read 'R. A. Dowell', is written over a horizontal line.

Ralph A. Dowell, Reg. No.: 26,868

Date: October 11, 2005

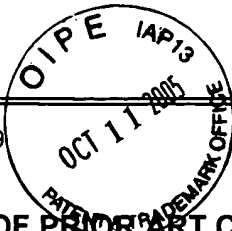
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Sheet 1 of 1

FORM PTO-1449  
(Rev. 7-80)U.S. DEPARTMENT OF COMMERCE  
PATENT AND TRADEMARK OFFICE

Atty. Docket No. 14434

Serial No.  
10/659,429**LIST OF PRIOR ART CITED BY APPLICANT**  
(Use several sheets if necessary)

APPLICANT Viscount

FILING DATE 9/11/2003

GROUP 3764

## U.S. PATENT DOCUMENTS

EXAMINER INITIAL		DOCUMENT NUMBER	DATE	NAME	CLASS	SUBCLASS	FILING DATE IF APPROPRIATE
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## OTHER PRIOR ART (including Author, Title, Date, Pertinent Pages, Etc.)

	AR	10 pages from web site: <a href="http://www.1tonhooks.com/JackHammer3.htm">http://www.1tonhooks.com/JackHammer3.htm</a> , KD Industries w/copyright 2003-2005
	AS	4 pages from web site: <a href="http://www.heavysports.com/">http://www.heavysports.com/</a> , copyright 2005 Heavy Sports Inc.

EXAMINER

DATE CONSIDERED

**EXAMINER:** Initial if reference considered, whether or not citation is in conformance with MPEP 602; Draw line through citation if not in conformance and not considered. Include copy of this form with next communication to applicant.